

# FLAVOR OF INDIA

12112 N Rancho Vistoso Blvd Oro Valley, AZ 85755

520.544.3005 http://www.flavorofindia-az.com

# SHURUAT - APPETIZERS

All appetizers are gluten free EXCEPT for the Vegetarian and Keema Samosas.

#### **VEGETARIAN SAMOSAS**

Hand stuffed pastries with peas and potatoes 4.75

#### **KEEMA SAMOSAS**

Hand stuffed pastries with peas and lamb 4.99

#### **VEGETABLE PAKORAS**

An assortment of vegetables dipped in a garbanzo bean flour and deep fried 3.99

#### **MIRCH PAKORAS**

Chilies dipped in a garbanzo bean flour and deep fried 5.99

#### **PANEER PAKORAS**

Cheese dipped in a garbanzo bean flour and deep fried 5.99

# **SPINACH AND ONION BHAJI**

Spinach and onion dipped in a garbanzo bean flour and deep fried 6.99

#### **SIZZLER**

Chicken and lamb sausage kebabs served on a hot skillet over peppers, onions and mushrooms 5.99

#### **VEGETARIAN SAMPLER**

A combination of the most popular vegetarian appetizers: Samosas, Cutlet and Vegetable Pakoras 7.99

#### **NON-VEGETARIAN SAMPLER**

A combination of the most popular nonvegetarian appetizers: Samosas, Sizzler and Chicken Pakoras 8.99

# **CHICKEN PAKORAS**

Chicken dipped in garbanzo bean flour and deep fried 6.99

# **SHRIMP PAKORAS**

Shrimp dipped in garbanzo bean flour and Deep fried 6.99

#### **ALOO TIKKI**

Crispy shredded potato patties 6.25

#### **VEGETARIAN CUTLET**

Shredded vegetables and paneer molded into heart shapes and deep fried 6.25

#### **CURRY CRAWFISH PIE**

Un-shelled crawfish in creamy tomato sauce with fresh herbs served on a pie crust 6.50

#### **TANGRI KEBAB**

Grilled Tandoori Chicken marinated with mint and spices. Served on a hot skillet over peppers, onions and mushrooms 6.99

#### **SHAKAHARI**

Lentil and mixed vegetable soup 4.99

#### **MULLIGATWANY**

Lentil and chicken soup 5.99

# TREASURES OF THE TANDOOR

Served with Basmati Rice and your choice of hotness from 1 to 5.
Served on a hot skillet with grilled bell peppers, onions and mushrooms.

#### **BARA KEBAB**

Rack of lamb marinated in yogurt and spices 20.99

#### **BOTI KEBAB**

Fresh cut lamb sausages 17.99

#### **FISH KEBAB**

Boiled filet of seasoned fish 17.99

# **MURGH TIKKA**

Boneless chicken breast, delicately spiced 14.99

#### **SEEKH KEBAB**

Ground lamb sausage 14.99

#### **TANDOORI MIXED GRILL**

An assortment of chicken, fish, lamb and shrimp 18.99

#### **TANDOORI CHICKEN**

Chicken marinated in a special blend of Punjabi spices 14.99

# **TANDOORI SHRIMP**

Shrimp marinated in a special blend of Punjabi spices 17.99

# SEAFOOD

Served with Basmati Rice and your choice of hotness from 1 to 5.

#### **CRAWFISH MASALA**

Crawfish smothered in a tomato and coconut sauce 17.99

#### **FISH CURRY**

Fish cooked in a thin curry with various Indian spices 17.99

#### **FISH MASALA**

Filet of fish marinated in a tomato cream sauce 17.99

#### **FISH VINDALOO**

Fish cooked with potatoes in a thin, spicy tomato based curry 17.99

#### **JALPARI MACCHI**

Grilled filet of fish, shrimp and crawfish in an onion and tomato gravy 17.99

#### SHRIMP JHAL FREAZI

Shrimp, veggies and fresh herbs in a curry sauce 17.99

#### **SHRIMP MASALA**

Shrimp simmered in a garlic, ginger, tomato and cream sauce 17.99

#### SHRIMP VINDALOO

Shrimp cooked with potatoes in a thin, spicy tomato based curry 17.99

#### **SHRIMP SAAGWALA**

Shrimp marinated in creamed spinach 17.99

# **VEGETARIAN ENTREES**

Served with Basmati Rice and your choice of hotness from 1 to 5.

All vegetarian entrees can be made vegan/dairy free.

Dairy products substituted with coconut milk.

#### **ALOO GOBI**

Potatoes and cauliflower marinated with fresh herbs and tomatoes 13.99

#### **ALOO MIRCHI**

Potatoes served with marinated bell peppers 13.99

#### **ALOO MUTTER**

Baby potatoes and peas marinated in a thin tomato curry 13.99

#### **ALOO SAAG**

Potatoes marinated in a creamy spinach 13.99

#### **EGGPLANT BHARTA**

Baked eggplant in a creamy sauce 14.99

#### **MUTTER PANEER**

Peas and paneer in a thin tomato based curry 14.99

#### **NAVRATTAN**

A mix of assorted vegetables and paneer 14.99

#### **KADI PAKORA**

Vegetarian Pakoras in a yogurt curry 13.99

#### **SAAG PANEER**

Paneer cubes in a creamy spinach 14.99

#### **CHANNA MASALA**

Chickpeas cooked in a thin curry sauce 13.99

#### **DAL MAHARANI**

A mix of assorted lentils, herbs and spices 13.99

#### **DAL SAAG**

An assortment of lentils in a creamy spinach 13.99

#### **KHUMB MASALA**

Mushrooms and fresh herbs in a tomato based gravy 13.99

#### **MALAI KOFTA**

Round vegetable koftas in a creamy curry 13.99

#### **MUTTER GOBI**

Peas and cauliflower served with a Punjabi blend of spices 13.99

#### **SHAHI PANEER**

Paneer cubes in a creamy tomato based curry 14.99

#### **VEGETARIAN KORMA**

Navrattan in a creamy curry 13.99

#### **VESHNU BRIYANI**

A rice based dish that contains an assortment of vegetables 13.99

#### **YELLOW DAL**

Yellow lentils with a blend of Panjabi spices 13.99

# CHICKEN

Served with Basmati Rice and your choice of hotness from 1 to 5.

#### **CHICKEN CURRY**

Chicken cooked in tomato and onion gravy 15.99

#### **CHICKEN JHAL FREAZI**

Chicken, veggies and fresh herbs in a curry sauce 15.99

#### **CHICKEN KORMA**

Chicken cooked in a sweet, creamy tomato sauce and drizzled with nuts and raisins 15.99

#### **CHILI CHICKEN**

Boneless chicken blended with chilies, bell peppers and onions 15.99

#### **CHICKEN ROGAN JOSH**

Chicken infused with tomatoes, onions and Punjabi spices in a thin curry 15.99

#### **CHICKEN SAAGWALA**

Dark meat marinated in a creamed spinach 15.99

# **SHAHI MURGH**

Chicken breast stuffed with paneer and fresh herbs in a creamy tomato based sauce 16.99

#### **CHICKEN TIKKA MASALA**

Boneless chicken marinated in a tomato cream sauce 15.99

#### **CHICKEN VINDALOO**

Chicken cooked with potatoes in a thin, spicy tomato based curry 15.99

#### **FOIL CHICKEN**

Chicken breast blended with bell peppers and onions in a sweet creamy sauce 16.99

#### **MURGH BRIYANI**

A rice based dish that contains chicken and an assortment of vegetables 15.99

# **MURGH MAKHANI (BUTTER CHICKEN)**

Tandoor chicken in a creamy tomato butter sauce 15.99

# **TIKKA SAAG**

Boneless chicken breast marinated in a creamed
Spinach 15.99

# LAMB

# Served with Basmati Rice and your choice of hotness from 1 to 5.

#### **GHOST BRIYANI**

A rice based dish that contains lamb and an assortment of vegetables 15699

#### **KESARI CHOPS**

Marinated lamb chops in a curry sauce 20.99

#### **LAMB CURRY**

Lamb cooked in tomato and onion gravy 16.99

#### **LAMB JHAL FREAZI**

Lamb, veggies and fresh herbs in a curry sauce 16.99

#### **LAMB KORMA**

Lamb cooked in a sweet creamy tomato sauce and drizzled with nuts and raisins 16.99

# **LAMB MASALA**

Lamb marinated in a tomato cream sauce 16.99

# **LAMB MEATBALLS**

Lamb meatballs in a tomato based curry with fresh herbs 16.99

# **LAMB ROGAN JOSH**

Lamb infused with tomatoes, onions and Punjabi spices in a thin curry 16.99

#### LAMB SAAGWALA

Lamb marinated in a creamed spinach 16.99

#### LAMB VINDALOO

Lamb cooked with potatoes in a thin, spicy tomato based curry 16.99

#### **NARGISI GHOSHT**

Baked tender lamb stuffed with spinach, paneer and fresh herbs and served with curry 17.99

#### **PUNJAB KI JAAN**

Lamb and shrimp cooked in an onion and tomato gravy 16.99

# INDIAN BREADS

#### **ALOO NAAN**

Traditional naan stuffed with potatoes and spices 3.95

#### **ALOO PARATHA**

Whole wheat bread stuffed with potatoes and spices 3.50

#### **CHEESE NAAN**

Bread stuffed with cheese 4.75

# **CHICKEN NAAN**

Bread stuffed with minced chicken and fresh herbs 4.99

# **GARLIC CHEESE NAAN**

Bread stuffed with fresh garlic and cheese 4.99

#### **GARLIC NAAN**

Bread stuffed with fresh garlic and herbs 3.75

#### **PYAZ KUCLHA**

Bread stuffed with onion and fresh herbs 4.25

# **MIRCH NAAN**

Naan stuffed with chilies 3.95

#### **KASHMIRI NAAN**

Bread stuffed with nuts and raisins 4.50

# **KEEMA NAAN**

Bread stuffed with ground lamb and fresh herbs 4.75

#### **PAPAD**

Crackers made out of lentils and cumin seed 3.00

#### **PARATHA**

Layers whole wheat bread brushed with butter 3.50

#### **ROTI**

Traditional whole wheat bread 2.00

#### TRADITIONAL NAAN

Traditional Indian bread made in the tandoor oven 3.25

# **EXTRAS**

**RICE** 

3.00

**RAITA** 

3.00

**SMALL CHUTNEY** 

Tamarind, mango or mint .50

INDIAN DESSERTS

**CHOCO-SIN** 

Kulfi drizzled with chocolate syrup 6.99

**GULAB JUMUN** 

Milk based dumplings soaked in rose flavored syrup 4.25

**KHEER** 

Homemade Indian rice pudding 3.99

**COMBO** 

A combination of hot Gulab Jamun and cold Kheer 4.99

**INDIAN BEVERAGES** 

**MASALA CHAI** 

Spiced milk tea made with cardamom seeds. Available as a hot chai or an iced chai (1 free refill) 2.00

**MAAZA** 

Mango juice 2.50

**MANGO LASSI** 

Mango, milk and yogurt smoothie 3.50

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness.

**LARGE CHUTNEY** 

Tamarind, mango or mint 4.99

**MASALA SAUCE** 

4.99

**KULFI** 

Homemade Indian ice cream. Available in mango or pistachio 4.50

**KULFI CAKE** 

Homemade Indian ice cream sandwich between pound cake 5.99

**MANGO MOUSSE PIE** 

Sweet tropical fruit mousse 5.25

FOUNTAIN DRINKS

Sprite, Dr. Pepper, Lemonade, Unsweetened Iced Tea, Coke and Diet Coke 3.00